

Intro

Quantum physics experiments suggest that we and our reality consist of information, and that everything is connected by a large social digital information system, or consciousness system.



I ❤️ MY KIDS

What if parenting does not involve rules and limitations? Consider that

we instead give our children freedom to make their own decisions. We lovingly discuss likely consequences of different choices, but we let them choose. We support them instead of diminishing them when things go wrong. We help them evaluate and learn from their mistakes. We are there for them and create a safe environment for them to evolve in. We accept and love them just as they are. How would that affect their inner growth?

Smaller children will of course need help with certain rules to keep them safe.

Purpose of love

Love is our purpose. As we lower our entropy (reduce disorder in form of ego and fears), we increase our capacity to love.



Romantic love

Imagine that both parties in a love relationship only focus on giving the other love. What would happen? Most likely, complaining, battling, self-centeredness, and the need for validation would disappear since they are not needed. Both parties would feel safe and loved and could focus on their partner instead of self-centered needs. What if love is something you give, instead of something you earn or exchange? Have you noticed that love doesn't seem to require anything at all? Instead it works like an ever-flowing source that originates from our being.



Scientific love

In the digital consciousness information system, love is low entropy (measure of order). Disorder and fear are high-entropy. The most beneficial state is achieved when information interacts and collaborates for long-term common profitability. This cooperative interaction is the definition of love.



LOVE

Have you watched this?

Tom Campbell: The Love and Low Entropy



Available on YouTube.

Love Exercise

It takes practice to accept the world and people as they are without contempt. Everyone is doing the best they can with the resources they presently have. People's negative behaviors are likely to originate from their fears. We may realize that when we feel upset by others, it is actually our own fears that are triggered.

Come live in my heart and pay no rent.

~~I ❤️ ME~~

Self-help books and coaches tell us to love ourselves. But how would that play out? Should we put a mirror on the kitchen table to enjoy how pretty we are when we have breakfast? Should we prioritize our own needs first no matter what? Should we passionately tell everyone how amazing we are? True self-love is narcissism. So, when people talk about self-love, what they most likely are describing is the importance of accepting ourselves. That is more productive.

Love = Information

Well, that doesn't sound too romantic. But check this out – imagine a bag of colorful letters. Both the bag and the letters are what we call physical stuff. They have weight and volume. Now we pour the letters on a table and begin to arrange them into words and sentences. What happens? As the sentences form messages with information, entropy or disorder decreases. Now ask yourself, what is the weight of the information the letters form? What is the perimeter? Yes, those are tricky questions because information is not physical. And yet information creates order and meaning. Now we may discern the connection between love and information.



But what does this have to do with us? By the choices we make in our daily lives, we create information in the larger consciousness system. We create order by collaborating, caring, compassion. We become more loving, and we impart love.

Vill du veta mer?

Den här guiden applicerar MBT (My Big TOE) i vardagslivet. MBT är en teori om allt som förenar vetenskap, filosofi, metafysik, sinne, materia, meningen med livet – utvecklad av fysikern, vetenskapsmannen och författaren Tom Campbell. Guiden är en personlig tolkning av Campbells teori, framtagen av Titti Nordieng. Goolga/klicka för att lära mer:

🌐 www.mbtvents.com (Evenemang & resurser - Tom Campbell)

🌐 www.mybigtoe.com (Tom Campbells webbplats)

🎥 Tom Campbell: Virtual Reality and Consciousness

🌐 LIVET som Avatar (Titti Nordiengs blogg)

🌐 More guides like this: tittinordieng.com#mbtguides